



# COUNTYWIDE FITNESS CHALLENGE 2015



## PARKS MAKE LIFE BETTER!

Join Celebrity Chef Sharone Hakman for healthy cooking demonstrations and more at this brand new location!

"CELEBRITY CHEF"  
HEALTHY COOKING DEMOS

5K RUN

POWER WALKS

"BARRE" WORKOUT SESSIONS

FREE THROW CONTESTS

KID'S ARTS & CRAFTS

HEALTHY SNACKS

FREE GIVEAWAYS  
DRAWING PRIZES

### Hacienda Heights Community Center

1234 Valencia Avenue  
Hacienda Heights, CA 91745  
4th Supervisorial District

#### EVENT SPONSORS



KAISER PERMANENTE®

**Saturday, July 11, 2015**  
**8:00 a.m. – Noon**

RSVP to secure your giveaways at <http://dhr.lacounty.info>

